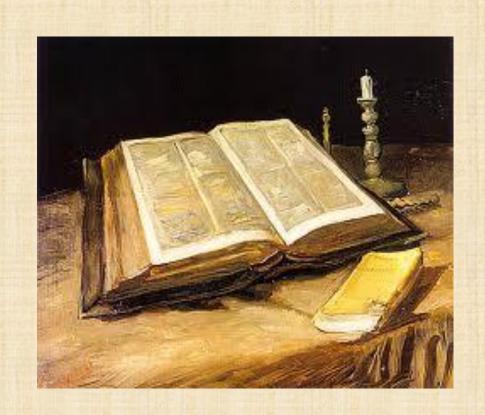
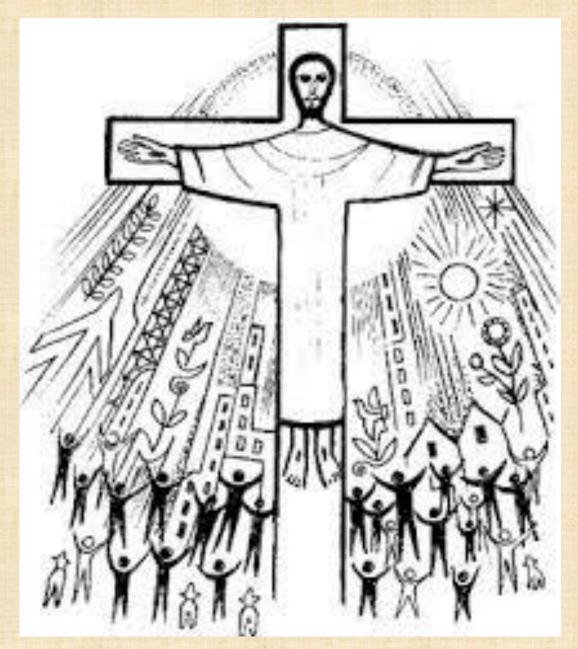
Getting Ready for Sunday!



Feast of the Exaltation of the Holy Cross



This feast day celebration offers us the opportunity to celebrate the gift of redemption gained for us through the suffering on the cross.

As a result of Jesus' acceptance of awful suffering He rose from the dead and gained the same resurrection for us.

From the depths of suffering new life may be born.

John 3:13-17



No one has ascended into heaven except the one who descended from heaven, the Son of Man.



And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.



There is no glory in suffering, but it is part of life from which we can heal or grow!



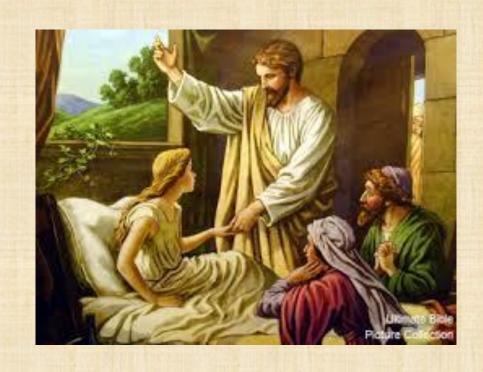
For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.



Jesus offers us every opportunity to rise above our challenges and difficulties so that we may have full lives.

God chooses that we may be close to Him forever, not just in this life!

Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.



Jesus did not come to judge us, but to lead us towards healing, love, friendship, hope, joy.....

Do you allow suffering to make you a better person or a bitter person?

Jesus chose better, not bitter!

Make your choice!



"Forget what hurt you but never forget what it taught you"



Bible Search

Read John 3:13-17 in your family Bible-this is the Gospel reading at Mass this Sunday.



Consider



Is there a hurt in your life that you need to let go of?

Praying to Jesus



Pray for the grace to believe that all will be well.

Ask God to help you to have courage not to run away from the difficult

challenges in life.

