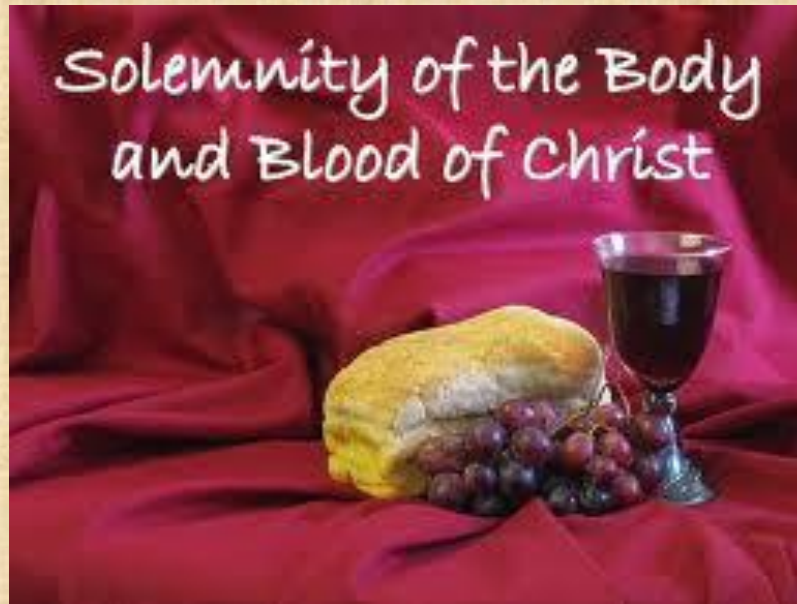


# Getting Ready for Sunday!



**The Feast of the Body and Blood of Jesus is an opportunity for us to give thanks to God for the gift of the Eucharist (Mass) first begun on Holy Thursday at the celebration of the Last Supper.**



**We each have an invitation to the table of the Last Supper-to a place which is uniquely ours. Christ eagerly awaits us, in the same hopeful way that He waited for those who first sat with Him on Holy Thursday. He calls us lovingly to Him to share His company. This is our place of family belonging!**

## John 6:51-58



***I am the living bread that came down from heaven.  
Whoever eats of this bread will live for ever; and the bread  
that I will give for the life of the world is my flesh.***



The Jews then disputed among themselves, saying,

*How can this man give us his flesh to eat?*



**So Jesus said to them:**

***Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink.***





***Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me.***

**When we receive the Eucharist we become fully united with God and choose to live our lives for God instead of for selfish purposes.**



***This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.***



**Jesus shares the gift of the resurrection and eternal life with us. He earned it for us by the way He lived His life among us and in His rising from the dead. Now that we share a part in God, we also will rise with Jesus.**



# Bible Search

Read **John 6:51-58** in your family Bible-this is the Gospel reading at Mass this Sunday.



# Consider



**Name all the gifts God has given to you.  
Give thanks to God for each of these gifts.**

# Praying to Jesus



**Pray for the grace to be more grateful this week.**

**Ask God to help you to give thanks to God and others this week.**

