

Getting Ready for Sunday!



Twelfth Sunday in Ordinary Time

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YOU CAN CHOOSE

courage

OR YOU CAN
CHOOSE

comfort

BUT YOU CANNOT
CHOOSE BOTH.

-BRENÉ BROWN

Do not be afraid!



Matthew 10:26-33

Jesus instructed the Twelve as follows: *Do not be afraid.*
For everything that is now covered will be uncovered, and
everything now hidden will be made clear.



What I say to you in the dark, tell in the daylight; what you hear in whispers, proclaim from the housetops

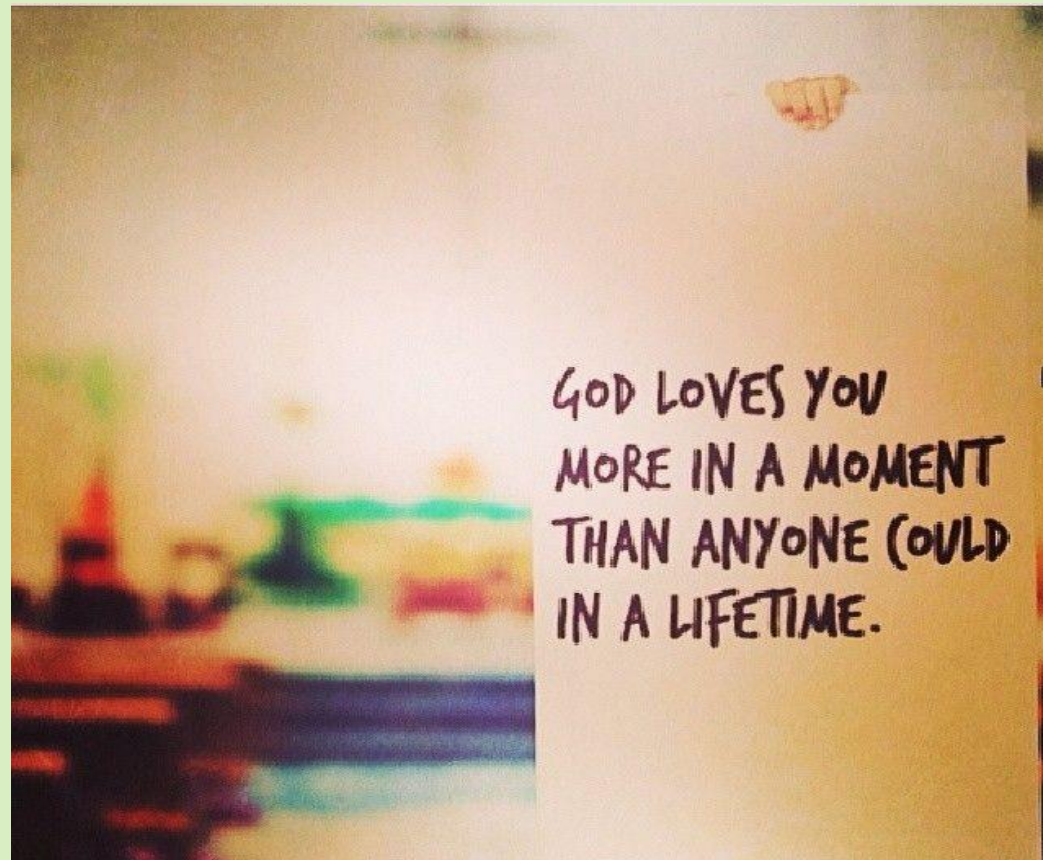
The only people
mad at you
for speaking
the truth
are those
living a lie.

Keep Speaking It.

Do not be afraid of those who kill the body but cannot kill the soul; fear him rather who can destroy both body and soul in hell.

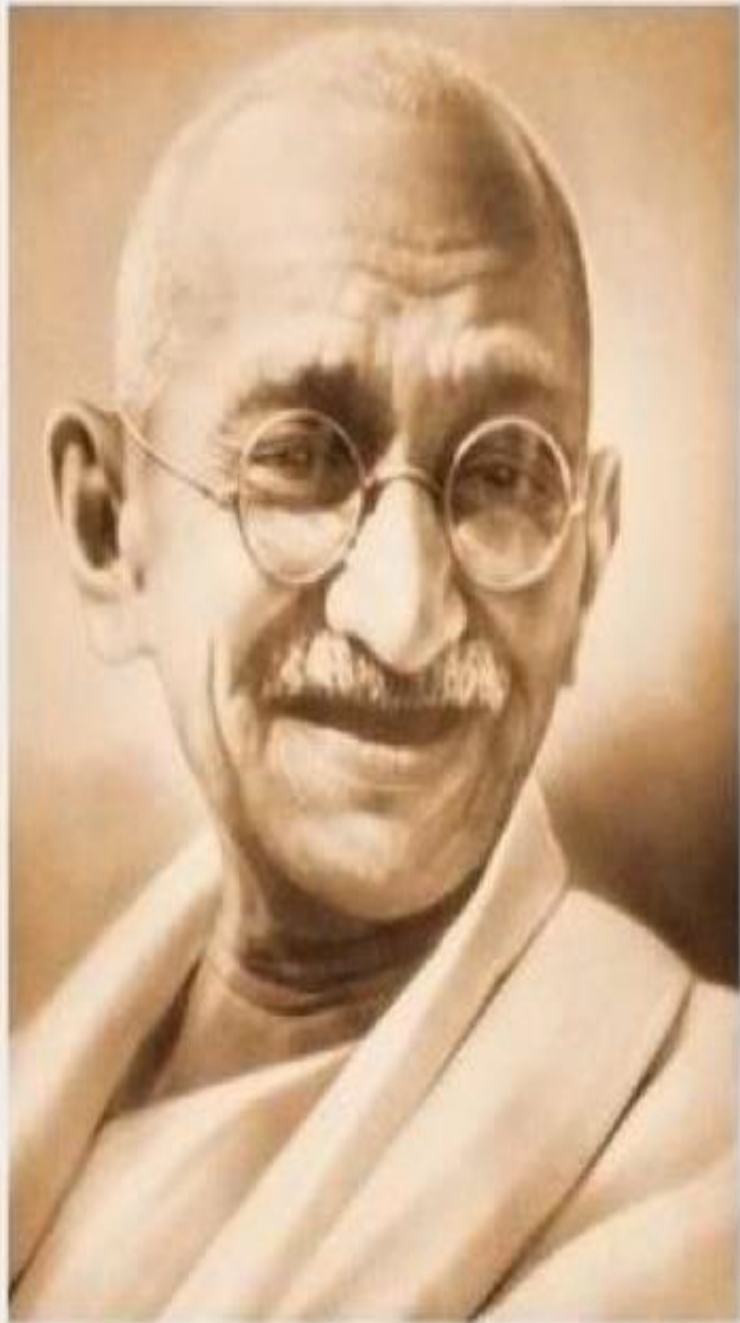


Can you not buy two sparrows for a penny? And yet not one falls to the ground without your Father knowing. Why, every hair on your head has been counted. So there is no need to be afraid; you are worth more than hundreds of sparrows.



So if anyone declares himself for me in the presence of men, I will declare myself for him in the presence of my Father in heaven. But the one who disowns me in the presence of men, I will disown in the presence of my Father in heaven.





Many people, especially ignorant people, want to punish you for speaking the truth, for being correct, for being you. Never apologize for being correct, or for being years ahead of your time. If you're right and you know it, speak your mind. Speak your mind even if you are a minority of one. The truth is still the truth.
- Mohandas Gandhi

Bible Search

Read **Matthew 10:26-33** in your family Bible



SEEING YOUR LIFE THROUGH THE LENS OF THE GOSPELS

Matthew 10:26-33

1. 'Do not fear' is the unifying theme in this passage which is set in the context of a mission sermon by Jesus, preparing his disciples for what lay ahead. He urges them to have courage in speaking his message and living his message, drawing strength from their trust in the Father whose care for us exceeds his care for hundreds of sparrows. How has trust in God been a source of strength in life for you?
2. The body/soul terminology presupposes an anthropology in which the soul represents one's real self and the body is the perishable shell. For Jesus the important thing is to be true to one's real self, even if this does involve some material or physical loss or pain. When you have had that kind of courage, what was it like for you?
3. There is no such thing as secret discipleship. It is in declaring their allegiance to Jesus that his followers will find life. They will be the losers if they hide their discipleship. Does this resonate with your experience?

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Consider



Are you true to yourself?

Praying to Jesus



**Pray for the grace to really believe in
God.**

**Ask God to help you to
become more trusting.**

