

Saturday, 8th August 2026



Palmerstown News

PALMERSTOWN CONTACT INFO

 Palmerstown Community
and Youth Centre

 Palmerstown Community Council

 palmerstownparish.com/parish-center

EMERGENCY NUMBERS

In case of emergency: 999 or 112

Ronanstown Garda Station: (01) 666 7700

Ballyfermot Garda Station: (01) 666 7200

CONTACT THE PALMERSTOWN NEWS

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and Youth Centre
Kennelsfort Road Upper
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 magazine@pcyc.ie

What's going on and things to do

Welcome to our latest issue of Palmerstown News. If you have any news or information that you'd like to share, get in touch with us through magazine@pcyc.ie or message us on WhatsApp 083 096 7274.
- Editorial Team

Karate Lessons

Palmerstown Shotokan Karate Club offer lessons for all levels at Palmerstown Sports Complex on Wednesdays and Fridays at 6pm.

"The ultimate aim of Karate lies not in victory or defeat, but in the perfection of the characters of its participants" said Master Gichin Funakoshi, founder of Shotokan Karate.

Karate will allow you to develop self-discipline, self-awareness, self-confidence...and well-being!

Beginners welcome. For all ages from 7 years and up.

€10 per class, pay as you go.

For more information, contact Sensei Ray Stritch on 086 842 4544.

Waterstown Park Parkrun

Enjoy a great start to your Saturday morning, surrounded by friendly faces and beautiful scenery in Waterstown Park, Palmerstown, which plays host to a free event every week: Parkrun!

It's a 5-kilometre route that you can walk, jog, run, or simply stroll around to enjoy at your own pace. There's no pressure to be speedy; it's all about getting out, getting active, and enjoying the fresh air in a supportive community.

You'll need to register (for free) online beforehand and get your personal barcode on parkrun.ie

Parkrun welcomes participants (and volunteers) of all ages and fitness levels. Every Saturday at 9.30am.

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Library Events

Upcoming activities in the Library this August include:

Storytime at The Library: Wednesday 12th, 19th and 26th August @ 2.30pm.
Join the Library's resident storyteller who introduces children to the joys of reading!
For 3-5 years. Fáilte roimh cách, All Welcome.

Knit & Chat: Every Wednesday at 10.00am
Come along to enjoy a knit and a chat. All welcome.

Palmerstown Library Book Club: Friday 28th August @ 12.30pm
Come along to discuss *Love in the time of Cholera* by Gabriel García Márquez and have a cuppa too! Copies available to borrow.

Book the following events via
palmerstownlibrary.eventbrite.ie

Musical Tots: Saturday 15th August @ 12noon
A fun, educational workshop from children from ages 6 months to pre-schoolers with their parent/guardian. Book 1 ticket per each child attending.

Inventors Workshop: Saturday 22nd August @ 11am
A fun and engaging workshop where children explore, create and test ideas to discover the joy of engineering through play, experimentation and imagination! For ages 5 to 10.

Craft with Sinéad: Saturday 29th August @ 2.30pm
Come and make mosaic animals! For ages 5+

The Library is always open to suggestions of events or workshops to run. You can get in touch via 01 467 8909 or palmerstownlibrary@sdblincoco.ie

Simply The Best Social Club Celebrate their 1st Birthday

The social club *Simply the Best* will celebrate a year since its founding when they meet up on Saturday 8th August. They have been very successful in bringing people together for friendship. New members are always welcome.

Anyone over 50 years of age can join. It is very relaxed - there are no membership fees. They have their own WhatsApp group where you find out all they are doing.

They go out every Saturday night from 6.30 pm in Dublin City Centre pubs and hotels. They are also planning some day trips.

Anyone over 50 who would like to join *Simply the Best*, you are very welcome to come along. You can get more information by ringing 083 343 4480 anytime.

8th August: Cassidy's Hotel, Upper O'Connell Street (across from The Gate Theatre). The anniversary celebration! A big night for all.

15th August: The Academy Plaza Hotel (first turning right past The Gresham Hotel)

22nd August: *Simply the Best* return to Cassidy's
For more information, contact 083 343 4480.

Social Dance

Come along to PCYC on Fridays when we host a social dance, between 8pm and 10pm. Top bands:

7th August: Arthur Moynihan

14th August: Bobbie B.

21st August: Blue Lace

28th August Colm Aungier

Enquiries: Pat McCloskey on 087 252 1658.
Admission €10.

Next issue: Saturday, 22nd August

Any articles to be considered for publication should be submitted to magazine@pcyc.ie
by close of business on **Monday, 17th August**.